

# Troop 105 + Webelos Goleta Bike Ride + BBQ

March 21<sup>st</sup>, 2009 Meet at 10:00 am Tucker's Grove Park

Start with Safety training and demonstration of safe riding procedures.

(See <http://scouting.org/HealthandSafety/Resources/bikesafety.aspx>)

BBQ Lunch provided at finish at Goleta Beach Park – expected time 11:30am

Uniform is not necessary, permission form is necessary. Parents can participate, if desired.

Bring: Bicycle

Helmet

Water bottle(s)

Daypack w/Personal first aid items

Permission form/medicals (Parts A and C must be filled in

[http://www.scouting.org/filestore/pdf/34605\\_Letter.pdf](http://www.scouting.org/filestore/pdf/34605_Letter.pdf))

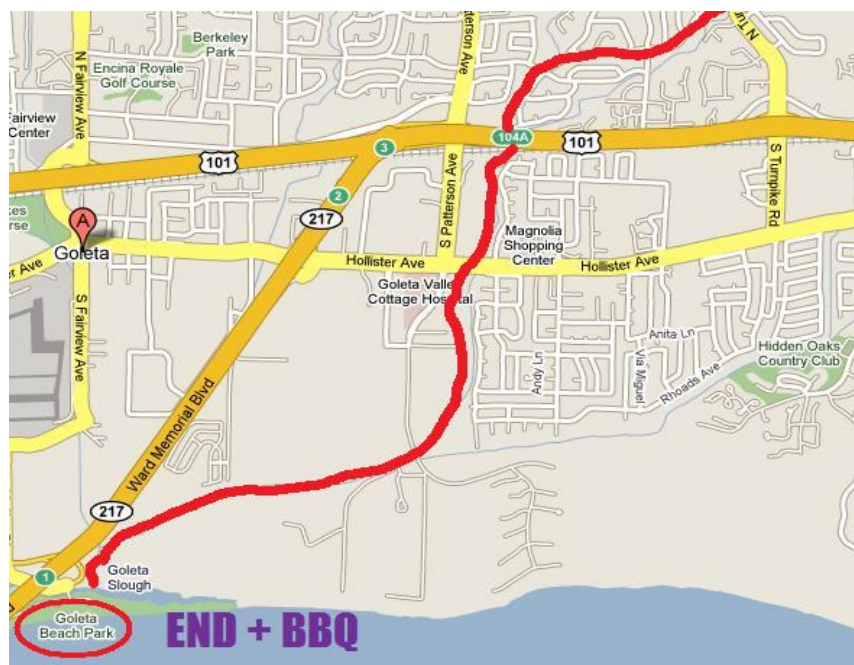
As needed: Sunscreen

Sunglasses

Hat

If you have any questions, please:

Email: [scouts@schiferl.net](mailto:scouts@schiferl.net) or Call Thomas or Glenn Schiferl at 964-6013



Please be sure to fill in and sign your son's permission form.